

New Conflict Mediation Approach to Our Social Divides July 11th

From: Kirk Schneider

Sent: Monday, June 29, 2020 6:12 PM

To: Louise Sundarajan

Subject: New Conflict Mediation Approach to Our Social Divides July 11th

Dear all,

Below is a description of a webinar demonstrating a conflict mediation approach--the Experiential Democracy Dialogue--that may be of interest to therapists/practitioners on this listserve. I hope to see some of you at the event.

Warm regards,

Kirk Schneider

Existential-Humanistic Institute and Existential-Humanistic Northwest Present

The Depolarizing of America for Ourselves and Our Clients: A Webinar for Therapists

Kirk Schneider, Ph.D. and Bob Edelstein, LMFT, MFT

*This Webinar is the first in EHI's new series of webinars on depolarization:
Depolarizing Our Minds, Our Hearts & Our Nation*

This webinar will present mental health practitioners with a conflict mediation approach that can help them work with the sense of otherness both in themselves and with their clients. This webinar will be both didactic and experiential.

When: July 11, 2020, 10am – 1pm PST

Where: Online w/ Zoom & Zoom Breakout Rooms

How Much: \$27.50

[Register Here](#)

<https://ehi.ticketspice.com/the-depolarizing-of-america-for-ourselves-our-clients-for-therapists>

In the wake of the pandemic and recent racial, political, and economic upheaval in our country, this approach addresses practitioners' work and lives. Drawing from his new book *[The Depolarizing of America: A Guidebook for Social Healing](#)*, Kirk Schneider, along with colleague Bob Edelstein, will demonstrate this new conflict mediation approach--titled the "Experiential Democracy Dialogue." We will also provide a space for dyads for audience members to try the skills on their own. The Experiential Democracy Dialogue provides a supportive, highly structured format that invites people from contrasting cultural and ideological backgrounds to learn about and understand each other, rather than automatically being closed to each other's point of view. The upshot of the approach is that it can notably improve people's capacities to humanize each other and to achieve common ground. For practitioners, specifically, it can

enhance capabilities to be more present, both within oneself and with one's clients, which is foundational to effective practice. The approach can also help practitioners to work with the divisiveness within themselves in regards to the polarized issues in society, which in turn may help with their work with their clients.

Michelle Veysey
EHI ADMIN ASSISTANT



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Latest books: *The Depolarizing of America: A Guidebook for Social Healing* <https://bit.ly/2NhHiTv>; *The Spirituality of Awe: Challenges to the Robotic Revolution Revised* <https://bit.ly/2U81Csz>; *The Polarized Mind* <https://amzn.to/2L7RQVU>; *Existential-Humanistic Therapy* <http://amzn.to/2BScgxm>;